

Free Food, Clothing, Tutoring & Baby Supplies



Free!

Need a little extra help? Visit **Sacramento Food Bank & Family Services** (SFBFS) once a month to receive supplemental groceries, clothing and baby supplies. All services are provided at no charge and you do not need to provide any financial information, but please bring proof of residency. If you are in need and live in the appropriate zip code, you are eligible to receive services. Please visit SFBFS during new evening hours:

Monday nights (5-8pm) – North Sac (2469 Rio Linda Blvd, Sac 95815)

- Free BABY SUPPLIES (children under 24 months) - Clothing, diapers, formula (zip codes: 95608, 95610, 95621, 95626, 95628, 95652, 95660, 95662, 95673, 95811, 95815, 95821, 95825, 95833, 95834, 95835, 95836, 95837, 95838, 95841, 95842, 95843, 95864)
- Free ADULT TUTORING - Computer skills, resume assistance, tutoring in reading and writing (all zip codes welcome)



Free!

Wednesday nights (4-7pm) – Oak Park (3333 Third Ave, Sac 95817)

- Free GROCERIES – 3-5 day supply of fruits, vegetables, dairy (zip codes: 95811, 95812, 95813, 95814, 95816, 95817, 95818, 95819, 95820)
- Free BABY SUPPLIES (children under 24 months) - Clothing, diapers, formula (zip codes: 95814, 95816, 95817, 95818, 95819, 95820, 95822, 95823, 95824, 95826, 95827, 95828, 95829, 95831, 95832)
- Free CLOTHING – Men's, women's and children's clothing, school uniforms, business attire (all zip codes welcome)
- Free VETERANS' SERVICES (all zip codes welcome)



Free!

For more information, please visit www.sacramentofoodbank.org or call (916) 456-1980.



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