



SACRAMENTO FOOD BANK & FAMILY SERVICES

Serving Sacramento's families in need since 1976



FOR IMMEDIATE RELEASE

July 7, 2010

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FUN IN THE SUN

SACRAMENTO, CA – Sacramento Food Bank & Family Services (SFBFS) and Albie Aware, Inc. are partnering to celebrate a health-focused family fair on **July 10** from **10am – 2pm**. Clients of SFBFS, along with any other families in need, are invited to attend. The goal of the annual Fun in the Sun fair is to provide health and community resource information to families in our community. Over 20 local non-profit agencies will be onsite providing resources including ideas for healthy living, parenting, exercise and nutrition. A healthy lunch, interactive games and activities including a bounce house and waterslide will be provided. Over 500 adults and children attended last year's event and a similar number are expected again this year. The event is free of charge.

A major attraction will be Albie Aware's mobile mammography unit, which provides free mammograms for women during the event. Pre-registration is required, so please contact Cindy at (916) 927-1592 for availability. A workshop on cervical cancer will also be offered at 10:30am. Dance performances and demonstrations focused on improving health will take place throughout the day.

What: Fun in the Sun

Where: Saca Community Learning Center (2469 Rio Linda Blvd., Sacramento 95815)

When: July 10, 2010, 10am-2pm

Why: To celebrate healthy choices for families

About Sacramento Food Bank & Family Services

Founded in 1976 to serve families in need, SFBFS now offers eight diverse programs at two facilities in Sacramento. A staff of 40 employees and a cadre of several thousand volunteers accomplish SFBFS' mission of assisting those in need by alleviating their immediate pain and problems and by moving them toward self-sufficiency and financial independence. Additional information is available at www.sacramentofoodbank.org

About Albie Aware, Inc.

Albie Aware was created in memory of Albie Carson, a Sacramento resident who succumbed to breast cancer in 2002. Albie Aware is committed to saving more lives and empowering people with breast cancer through awareness, education and support. Additional information is available at www.albieaware.org

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