



SACRAMENTO FOOD BANK & FAMILY SERVICES

Serving Sacramento's families in need since 1976

FOR IMMEDIATE RELEASE

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ART BRA SHOW

SACRAMENTO, CA – Sacramento Food Bank & Family Services (SFBFS) and Albie Aware Breast Cancer Foundation will showcase Sacramento area artists at the 2nd annual Art Bra Show September 10 – 19. The goal of the show is to bring a public awareness about the plight of breast cancer and its effects on all women. Participants in Women's Wisdom Art, a program of SFBFS that helps women overcome loss, depression, cancer or low self-confidence, have attended courses about breast health, cancer treatment and survival in preparation for the show.

This collaborative show between SFBFS and Albie Aware will display over 160 pieces of art from 100 Sacramento artists. An image of a bra is incorporated into every sculpture, painting, sketch and tapestry as a symbol of awareness of this challenging disease. The art show will take place at 40 Acres Art Gallery in Oak Park with a second Saturday reception on September 12. Patrons of the gallery can participate in a silent auction at the reception or purchase items during the following week. Select pieces will be featured at University Art (26 & J Street) during the month of August.

If you know of an artist who would like to contribute a piece to the art bra show, please contact Helen Plenert, Women's Wisdom Program Manager at SFBFS, at (916) 456-1980 or hplenert@sfbs.org. All proceeds from this event benefit both charities to provide classes about breast health, a mobile mammography unit and art classes for women all at no cost.

What: Art Bra Show II

Where: 40 Acres Art Gallery (3428 Third Ave., Sacramento 95817)

When: September 10-19, 2009

* 2nd Saturday reception with auction, September 12, 5-8pm

* Meet the artists night, September 10 5-8pm

Why: To bring about awareness regarding breast cancer through art and support local artists

Sacramento Food Bank & Family Services, a local non-profit organization, serving families and individuals in need, was founded in 1976. Over time, SFBFS expanded to meet growing needs and now offers nine diverse programs at two facilities in Sacramento. A staff of 35 employees and several thousand volunteers accomplish SFBFS' mission of assisting those in need by alleviating their immediate pain and problems and by moving them toward self-sufficiency and financial independence. Additional SFBFS information is available online at www.sacramentofoodbank.org

Albie Aware was created in memory of Albie Carson, a Sacramento resident who succumbed to breast cancer in 2002. Albie Aware is committed to saving more lives and empowering people with breast cancer through awareness, education and support. Additional information is available at www.albieaware.org

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